

| Key achievements to date 2023 - 2024 (what worked well): | Key learning (what will change for 2024 - 2025): |
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| <p>The Phunky Foods food technology classes linking sport health and nutrition with all children taking part in cooking and food technology activities.</p> <p>All children took part in two or more different sporting activities run by sporting specialists. We had children visit Carlisle Football Club, complete their Sports Leadership training and to the Chance Camp for gifted and talented sports people. 2 teams entered the bouldering competition in Carlisle.</p> <p>Outdoor learning, food technology and mental health continue to be the key activities which link sport to the 3 Health's at the core of our learning and activities.</p> <p>The Outdoor Learning Area is being used more effectively with weekly sessions now in nursery on a Tuesday.</p> <p>All equipment is inspected and safe to use.</p> <p>The wheelchair basketball as requested by the children was a great success again and embedded into the annual plan</p> <p>Health Week planned for Summer Term 2024 was postponed due to time constraints and illness.</p> | <p>Embed throughout the school. All children from Nursery to Yr6 take part in healthy eating leading to increased knowledge and understanding about the need to eat healthily to support active and sporty lifestyles.</p> <p>Develop more opportunities for outdoor activities such as climbing wall, paddle boarding etc. to make better use of the Lake Distract and what it has to offer.</p> <p>Forest schools, allotment and bush craft linked to cooking outdoors.</p> <p>All children form Nursery to Yr6 take part in Forest School sessions.</p> <p>Continue to develop outdoor adventure activities on the school grounds in 2024-2025.</p> <p>Embed wheelchair basketball and Life Bus sessions for all of primary children.</p> <p>Timetable Boccia for all primary children.</p> <p>Introduce indoor and village green bowling to primary children.</p> <p>Road safety and maintenance of bicycles Training1 with Cycle wise</p> <p>Continue with employing external instructors for cricket, tennis, 5 S's for Sport</p> <p>Develop Health Week with Community links Northern Fells.</p> <p>All pupils complete their first Aid and CPR training to ensure ability to help when taking part in sports.</p> |

| PRIMARY PE & SPORT PREMIUM SPEND | | | | |
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| Academic Year: 2024 - 2025 (40 pupils) Funding for 38 pupils | | Total fund allocated: £16,367 October 2024 - £9,555 April 2025 - £6,812 | | Date Updated: November 2024 |
| Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school | | | | Percentage of total allocation: 42% £7,029 |
| School focus with clarity on intended impact on pupils: | Actions to achieve: | Funding allocated: | Evidence and impact: | Sustainability and suggested next steps: |
| Continue to develop the Questing Trails and other physical active learning experiences outside. | All classes take part in at least one forest school session a week and develop more Questing trails for the school. | £1400 | The Questing Trails were completed and the children ran a launching event with the school community and feedback from parents was very positive. | The questing trails will be launched into the community shops for public to try. |
| Inspection, maintenance and upkeep of play equipment and pitches to enable pupils and visitors to use the resources safely | Ensuring safe apparatus and grounds for PE teaching. | £5,629 | Completed and actions budgeted for | Continue with maintenance checks ad upkeep |
| Key indicator 2: The profile of PESSPA (Physical Education, School Sport and Physical Activity) and sport being raised across the school as a tool for whole school improvement | | | | Percentage of total allocation: 6% £1,000 |
| School focus with clarity on intended impact on pupils: | Actions to achieve: | Funding allocated: | Evidence and impact: | Sustainability and suggested next steps: |
| Continue to develop a Health Week in school to engage pupils in focused activities and opportunities for the week linked to PESSPA | Promote healthy body and minds of all children. Invite specialists into school and open to parents and community to develop partnerships | £1,000 | All children took part in a health week and are more aware of how to stay healthy and what to eat and cook to help maintain their health. | Look to invite local sports celebrities and chefs to the week in future years. |
| Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport | | | | Percentage of total allocation: 9% £1,420 |
| School focus with clarity on intended impact on pupils: | Actions to achieve: | Funding allocated: | Evidence and impact: | Sustainability and suggested next steps: |

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| Cover for staff to attend training which will impact positively on the quality of PE teaching, wider activities and health promoting learning | Opportunity for staff to access appropriate PE CPD and teachers receive high quality specialist training to enable them to offer more sporting activities | £1,000 | Staff took part in Multiskills and hockey skills training. | Identify skills gaps in staff and identify training opportunities, taking in to account size of school. |
| Develop staff knowledge and skills by working alongside trained coaches in order to share practice. | Professional coaches to be employed to deliver a variety of sports to all age ranges whilst developing skills of school staff. | £420 | Staff worked alongside trained coach in order to observe and learn more about teaching multiskills. Staff engaged with Cycle wise trainers to learn more about the role. | Identify opportunities for more opportunities to learn from specialists |
| Key indicator 4: Broader experience of a range of sports and activities offered to all pupils | | | | Percentage of total allocation: |
| | | | | 34% £5,401 |
| School focus with clarity on intended impact on pupils: | Actions to achieve: | Funding allocated: | Evidence and impact: | Sustainability and suggested next steps: |
| Continue to embed the link to increased performance in sports to cooking and healthy eating/nutrition classes across whole school | Children develop a detailed knowledge and competency in cooking meals that will keep them healthy and support them getting the most out of activities and increased performance in sports. | £2,000 | Phunky Foods and Food for Life utilised to increase children's knowledge about importance of healthy diet and impact on improving fitness and sporting prowess. This was from Nursery upwards. | Continue with the timetable and activities ensuring they are embedded in to the annual plans. |
| All age groups continue to take part in disability sports to gain a greater understanding of inclusion and community | 4 sessions of Wheelchair Basketball timetabled into PE calendar along with Boccia. | £750 | All age groups took part in 6 weeks of wheel chair basketball. (Nursery children had a taster session) Children have a greater understanding of equality and disability sports. Children asked about adaptive sports during the Paralympics so this was added to the timetable | Keep this in the school timetable and add boccia. Continue to develop adaptive sports to increase disability awareness. |

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| All children to engage in activities linking the outdoors to bush craft and health and safety including climbing walls and adventure sports | Generate positive social and emotional outcomes for children and young people through regular child led experiences in a woodland and adventure community setting | £2,651 | Each age group from Nursery took part in outdoor learning activities throughout the year. The school ran an Orienteering Week for the children. Outdoor activities were booked but then cancelled for a number of reasons. | Look for more opportunities to go out of school for adventure sports. |
| Key indicator 5: Increased participation in competitive sport | | | | Percentage of total allocation: 9% £1,500 |
| School focus with clarity on intended impact on pupils: | Actions to achieve: | Funding allocated: | Evidence and impact: | Sustainability and suggested next steps: |
| Supply for staff to accompany pupils to competitions and sporting events. | Children provided with opportunities to take part in competitions and events they might not otherwise have access to due to the school's rural isolation. | £500 | All KS2 went out to 3 events this year and KS1 went to 1 event out of school. A lot were cancelled due to weather and other schools pulling out. 2 children in KS2 took part in Sports Leadership training. | Explore other opportunities and networks to take the children out to sporting events. |
| Professional coaches employed to deliver a variety of sports to all age ranges and develop pupil skills in each. | Specialist coaches provide competitive sports and training for pupils over the course of the academic year. | £1,000 | Coaches delivered cricket, multiskills, athletics, tennis Karate and swimming. All children took part. Indoor and outdoor bowling was offered as an After School Club. | Book swimming for the start of the year and also ensure coaches are confirmed to return to school. Add Bowling to the PE Curriculum |

| SWIMMING DATA FOR 2023 - 2024 | |
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| What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? | 100% |
| What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]? | 100% |
| What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations? | 84% 1 out of 6 children did not achieve this as absent on test days. |
| Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way? | No |

| SWIMMING DATA FOR 2024 - 2025 | |
|---|--|
| What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? | |
| What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]? | |
| What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations? | |
| Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way? | |